



## Conversation

We all have days where conversation just doesn't come naturally. Here are some great questions to ask that go beyond "How is your day going?"

1. What is something you're really proud of today?
2. What is a recent success in the past week?
3. What is the best compliment you've received lately?
4. How were you a leader this week?
5. Name a person in your life you admire. Why do you admire him/her?
6. What was your biggest challenge this week?
7. Name a time you knew you were needed.
8. Describe a favorite teacher. What talents does he or she see in you?
9. Describe your closest friend. What makes him/her close?
10. What is the greatest need in your community/school? How can you contribute?
11. If you could go back to any time in your life, where would you go?
12. What do you want to be when you grow up?
13. Who is your favorite celebrity/athlete? What helps him or her be successful?
14. What is your definition of success?
15. Tell me the latest news in your school.
16. What advice would you give someone going into your grade?
17. What do you wish you would have known about yourself a year ago?
18. What is your favorite class?
19. If you had three hours of free time tomorrow, what would you do?
20. Who is a superhero in your life right now?
21. What realization did you make about yourself this week?
22. What is your favorite time of day? When are you at your best?

23. If you could invite any three people to dinner, who would they be?
24. What's your favorite book?
25. What do you do better than anyone else you know?
26. What would your friends say you do well?
27. What are you doing when time seems to fly?
28. What is your favorite song? What do you like about it?
29. Tell me about a typical day for you. What do you enjoy most?
30. What contribution would you like to make to your school? How will you do it?

<http://teammates.org/mentor-resource-library/conversation/>

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